

## NRR Wednesday Route 5

### 5.7 Miles

Left Obelisk Rise, Left Holly Lodge Drive,  
Through Moulton Park, Left at traffic lights  
Brickyard Spinney Road  
Right Moulton Way to Lumbertubs  
Right onto Kettering Road  
Right into Spinney Hill Road to the end  
Right up Bradlaugh Fields path (**stick together please**)  
At end of path, Right onto Boughton Green Road  
Left Yardley Drive  
And back.

### 7.5 miles

Left Obelisk Rise, Left Holly Lodge Drive,  
Through Moulton Park, Left at traffic lights  
Brickyard Spinney Road  
Right Moulton Way to Lumbertubs  
Right onto Kettering Road  
Right at White Elephant pub  
Kingsley Road  
Kingsthorpe Grove  
Through Kingsthorpe  
Right Holly Lodge Drive  
Left Obelisk Rise (bottom)  
And back

### 10 Miles

Left Obelisk Rise, Left Holly Lodge Drive,  
Through Moulton Park, Left at traffic lights  
Brickyard Spinney Road  
Right Moulton Way to Lumbertubs  
Right onto Kettering Road  
Booth Lane to the end  
Right Wellingborough Road  
At Park Ave junction, continue ahead  
Past county cricket ground  
Right at Durhams mini roundabout  
Right at White Elephant onto Kettering Road  
Left Kenmuir Ave  
Fairway  
Right past golf club, onto Kingsthorpe Grove  
Through Kingsthorpe  
Right Holly Lodge Drive  
Left Obelisk Rise (bottom)  
And back