# NRR Wednesday Route 14

# 5.8 Miles

Right onto Obelisk Rise

Right into Ash Rise

Lynton Avenue

Cross the Harborough Road into White Hills Way, R Link Rd, R at Tesco

1<sup>st</sup> Left, 1<sup>st</sup> Right, 1<sup>st</sup> Left, Across the Pastures to Welford Road

At Welford road go Right to the Windhover Pub.

Cross at the Pelican crossing and go left on the Brampton Valley Way towards Kingsthorpe

At the kink in the path veer left through gate into the field

Keep towards the left edge of the field along to the gate

Join Vicarage Lane to the church

Left on High street

Left on Knights Lane to the Adelaide pub

Right on Manor road

Across Kingsthorpe Rec

Left Harborough Road

Right Holly Lodge Drive

Left Obelisk Rise

And back

# NRR Wednesday Route 14

### 7.5 miles

Right onto Obelisk Rise

Right into Ash Rise

Lynton Avenue

Cross the Harborough Road into White Hills Way, R Link Rd, R at Tesco

1<sup>st</sup> Left, 1<sup>st</sup> Right, 1<sup>st</sup> Left, Across the Pastures to Welford Road

At Welford road go Right to the Windhover Pub

Cross at the Pelican crossing and go left on the Brampton Valley Way towards Kingsthorpe

Continue to the railway bridge

Under the bridge and up to the farm track, left to Mill lane

On Mill Lane, left to Cock Hotel

Left to ASDA

Cross over Harborough Rd and Right into Kingsland Ave to the end

Left on Eastern Ave to the top

Right on Boughton Green road

Down to the roundabout

Left Holly Lodge Drive

Right Reynard Way

Right Obelisk Rise

And back

# NRR Wednesday Route 14

### 9.7 miles

Right onto Obelisk Rise

Right into Ash Rise

Lynton Avenue

Cross the Harborough Road into White Hills Way, R Link Rd, R at Tesco

1<sup>st</sup> Left, 1<sup>st</sup> Right, 1<sup>st</sup> Left, Across the Pastures to Welford Road

At Welford road go Right to the Windhover Pub

Cross at the Pelican crossing and go left on the Brampton Valley Way towards Kingsthorpe

Continue to footpath sign, go Right through the broken kissing gate

Over the three bridges and cross the railway (TAKE CARE)

Through the field, left on the farm track to Mill Lane

Right on Mill Lane to the Kings Heath roundabout

Left on Gladstone Road

Left at Spencer Bridge Road

Left on Saint Andrews Road

Over traffic lights into Balfour Road to the end

Left Trinity Ave to Kingsthorpe Grove

Right on Eastern Ave, to the top

Right on Boughton Green road

Down to the roundabout

Left Holly Lodge Drive

Right Reynard Way

Right Obelisk Rise

And back