

NRR Wednesday Route 1 – Hills

5.4 Miles

Right Obelisk Rise
Ash Rise
Lynton Ave
Left Harborough Road
Left Up Boughton Green road
Right down Eastern Avenue
2nd right up Hastings Road
down Yelvertoft road to McGanns
Left Kingsthorpe front
2nd left into Cranford Ave
Up and over Cranford Ave down to Eastern Ave
Left up Eastern Ave to the top
Right Boughton Green road
Left Yardley Drive
Left down Holly Lodge Drive
Right up Obelisk Rise
And back

7.3 miles

Right Obelisk Rise
Ash Rise
Lynton Ave
Left Harborough Road
Left Up Boughton Green road
Right down Eastern Avenue
2nd right up Hastings Road
down Yelvertoft road to McGanns
Left Kingsthorpe front
2nd left into Cranford Ave
Up and over Cranford Ave down to Eastern Ave
Left up Eastern Ave to the top
Left Boughton Green Road
1st Right into Hinton Road to the end
Left Chalcombe Ave to end
Left Boughton Green Road to Moulton Park roundabout
Left Holly lodge Drive
Right bottom Obelisk Rise turn
And back

9.2 miles

Left at Obelisk Rise
Left Holly Lodge Drive to end
Right at Boughton Green road to the end
Left Kingsthorpe front
Left Yelvertoft Road (by McGanns) to top
Over and down Hastings to Eastern Ave
Right Eastern Ave to very end
Right Kingsthorpe Grove to Waitrose
Right at Traffic lights Cranford Ave
Up and over and down Hastings Ave
Left Eastern Ave
Left Eastern Ave to top.
Left Boughton Green Road
1st Right into Hinton Road to the end
Left Chalcombe Ave to end
Left Boughton Green Road to Moulton Park roundabout
Right up to Nationwide
Right and right to Uni (Boughton green road)
Right and left Yardley Drive
Left Down Holly Lodge Drive
Right up Obelisk Rise
And Back