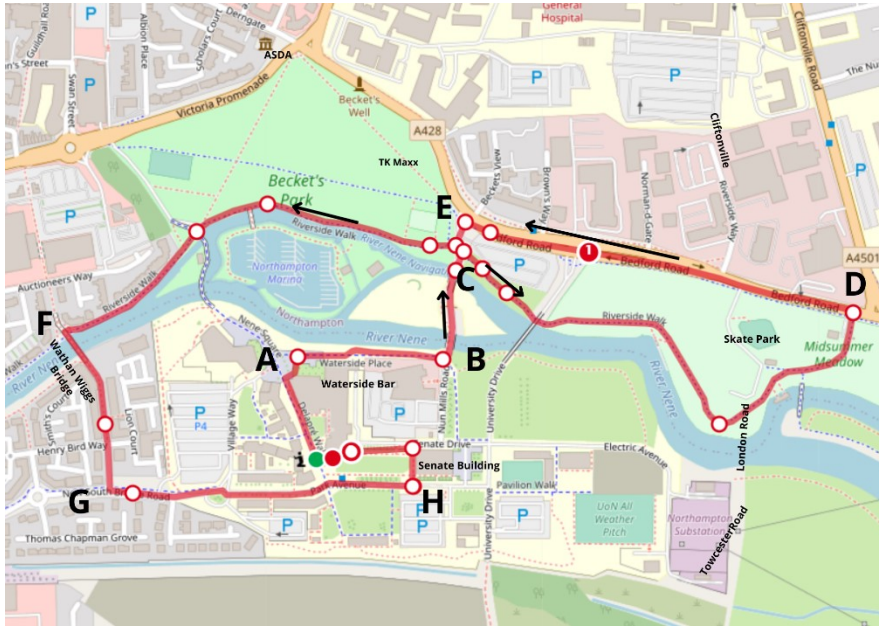


NRR WINTER ROUTE J – LAPPING IT UP

<https://www.mapmyrun.com/routes/view/5403437248/>



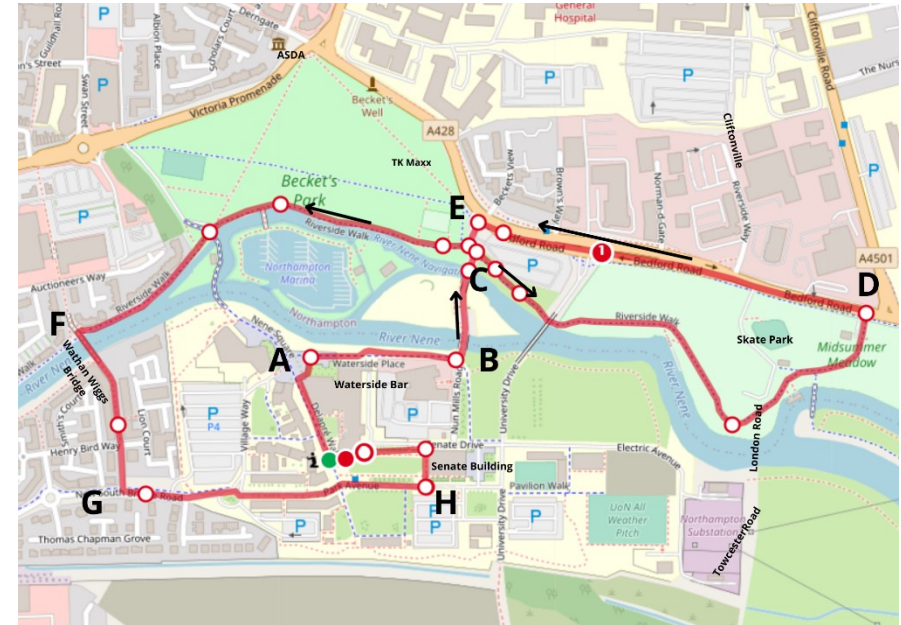
2 miles (1 loop) | Complete as many laps as you wish

- A. From the Market Place, turn RIGHT and pass the Waterside Bar.
- B. Turn LEFT at Avon and cross the two bridges
- C. Turn RIGHT onto river path and follow past skatepark all the way to Bedford Road
- D. Turn LEFT onto Bedford Road and continue all the way to Becket's Park
- E. Enter Becket's Park and follow the path by the side of the river
- F. Continue past the rusty bridge and cross the river at the green bridge (Wathen Wiggs Bridge) – take care on the steps or use the ramp
- G. Follow the path all the way to New South Bridge Road and turn LEFT towards the uni
- H. Continue to the Senate Building and loop around the grassy area in front of the Marketplace.

**Repeat the loop for as many 2 mile laps as you wish.

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