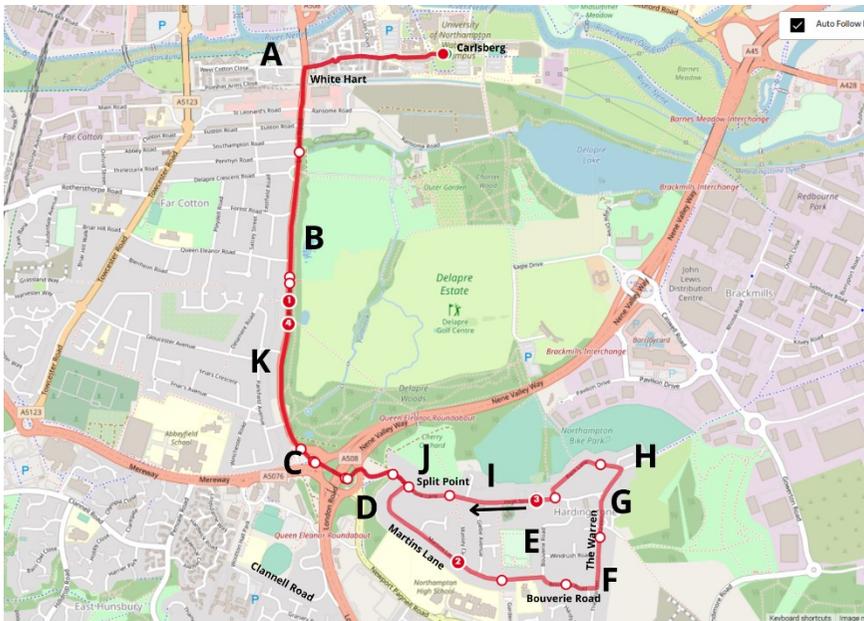


NRR WINTER ROUTE F – HARDINGSTONE ISN'T HARD

<https://www.mapmyrun.com/routes/view/5262615847/>

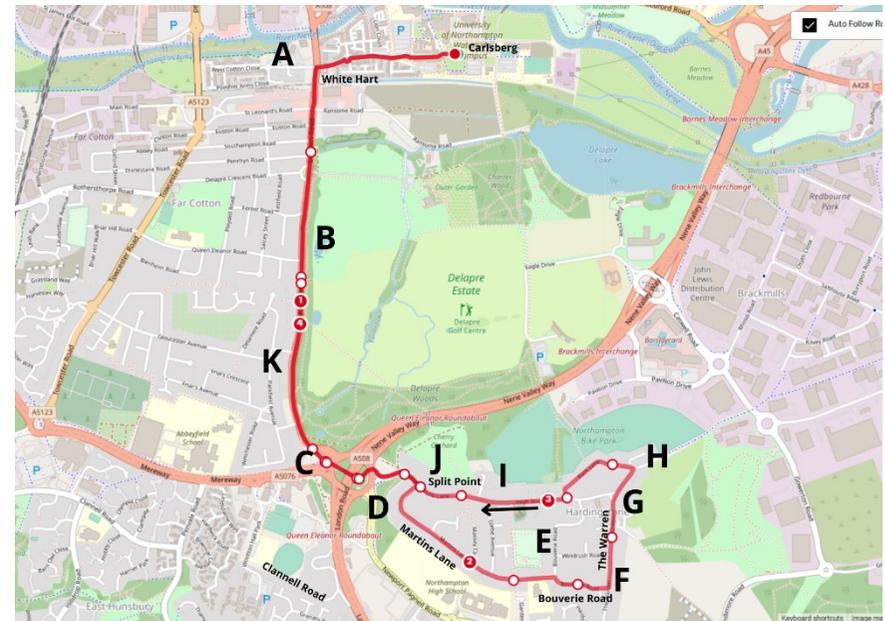


5 miles (1 loop) | 6.7 miles (2 laps) | 8.4 miles (3 loops)

- A. Leave the university heading towards the White Hart Pub and turn LEFT
- B. Continue up London Road (passing Delapre Park) for just over 1 mile. Cross over to the RIGHT-HAND side at one of the crossings
- C. Before the major roundabout, bear through the underpass and continue STRAIGHT AHEAD into Hardingstone.
- D. In the village, take the first RIGHT into Martins Lane
- E. Follow Martins Lane to the end (past Hardingstone Academy) and bear RIGHT into Bouverie Road
- F. At the end of Bouverie Road, turn LEFT into The Warren
- G. Continue to the village green and at the triangle, bear RIGHT into Back Lane
- H. When you reach the junction, turn LEFT (remaining on Back Lane)
- I. Continue to the end of Back Lane and turn RIGHT onto High Street and continue to the split point.
- J. ROUTE SPLIT – Continue STRAIGHT AHEAD and retrace steps for the shorter route.
Turn RIGHT into Martins Lane and repeat the loop for the longer routes
- K. Continue down the hill to the White Hart (crossing at the crossing opposite the entrance to Delapre Park).
- L. At the White Hart, turn RIGHT back to the University.

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