

NRR Friday Route 9

4.4 miles

Left off drive, through spinney to Boughton
Left to roundabout, Right on A508 for 300m then Left on footpath (farmtrack)
Follow path down to Brampton Valley Way
Right to Brampton halt pub
Up to road then Right towards Chappel Brampton
After passing lake and crossing over bridge take footpath on Left over style
Through paddocks, over styles, continue to metal bridge
Over bridge, bear Left & follow to back of stables
Right on stables track to Welford Rd
Left to Windhover pub
Left up Brampton Lane to roundabout
Cross roundabout, into Boughton, back through spinney

6.1 miles

Left off drive, through spinney to Boughton
Left to roundabout, Right on A508 for 300m then Left on footpath (farmtrack)
Follow path down to Brampton Valley Way
Right to Brampton halt pub
Up to road then Right towards Chappel Brampton
After passing lake and crossing over bridge take footpath on Left over style
Through paddocks, over styles, continue to metal bridge
Over bridge, bear Left & follow to back of stables
Right on stables track to Welford Rd
Left to Windhover pub
Join cycle path towards Kingsthorpe
At kissing gate, Left up to Welford Rd
Over the Pastures, Link Rd, Whitehills, Lynton Ave and back