## **NRR Friday Route 8**

## 4.3 miles

Out thru Spinney into Boughton village

Right on road towards Moulton

Left on footpath just before triangle

Down to stream, cross bridge then Right, follow stream to Specs Lane

Left at Specs Lane, to top (Pitsford Rd)

Left on road towards Pitsford (Take care, fast road)

Past fishing lake

Left at quarry footpath

Follow footpath thru to Butchers Lane. Cont. into Boughton

Left past pub and church

At Humphrey Lane Right, then Left into Pocket Park

Thru Pocket Park and back to Obelisk

## 5.2 miles

Out to the Obelisk and into the field, Right behind Obelisk Rise houses

Follow round to Triangle then Left on road back towards Boughton

At end of triangle Right on footpath

Down to stream, cross bridge then Right, follow stream to Specs Lane

Left at Specs Lane, to top (Pitsford Rd)

Cross road, over stile and follow footpath to houses

Left at houses into Pitsford village

Thru to road then Left on road towards Moulton

Right at quarry footpath

Follow footpath thru to Butchers Lane. Cont. into Boughton

Left past pub and church

At Humphrey Lane Right, then Left into Pocket Park.

Thru Pocket Park and back to Obelisk