

NRR Friday Route 6

4.7 Miles

Right Obelisk Rise, Right Ash Rise into Lynton Avenue
Left Harbourough Road
Right Birchbarn Way
Left Acre Lane to The Olde Cobbler
Left Welford Road to Kingsthorpe
Cross over Harbourough Rd **at pedestrian crossing**
Folk left onto Kingsthorpe Grove
Left Eastern Avenue to end
Right Boughton Green Road
Left Yardley Drive
Right Holly Lodge Drive
Left Reynard Way
And back

6.1 Miles

Right Obelisk Rise, Right Ash Rise into Lynton Avenue
Left Harbourough Road
Right Birchbarn Way
Left Acre Lane to The Olde Cobbler
Left Welford Road to Kingsthorpe
Left at Texaco Garage to Frog and Fiddler Pub
Cross over Harbourough Rd
Up Boughton Green Road
Right Down Eastern Avenue to end
Right Kingsthorpe Grove and through Kingsthorpe
Right Holly Lodge Drive to the top
Left Reynard way
And back