

### **NRR Friday Route 3**

#### **4.6 Miles**

Left Obelisk Rise, Left Reynard Way, Right Holly Lodge Drive  
Left Yardley Drive, Right Boughton Green Road  
Left down Eastern Ave  
At mini roundabout, right Kingsland Avenue  
At end Right, then veer left Welford Road  
Past The Olde Cobbler and Windmill pubs  
Right at 2<sup>nd</sup> Acre Lane turn  
Left at shops (Link Road)  
Left to Whitehills  
Lynton Avenue and back

#### **6.3 Miles**

Right Obelisk Rise, Right Ash Rise, into Lynton Avenue  
Left on Harborough Road  
Left up Holly Lodge Drive to roundabout  
Through Moulton Park Industrial estate  
Left Brickyard Spinney Road  
Right on Moulton Way  
Right on footpath before fire station  
Follow path behind warehouses to Nationwide  
Right down to roundabout then left  
Left at roundabout up Boughton Green Road  
Right Yardley Drive  
Obelisk Rise and back