

Friday Route 11

4.5 Miles

Left off drive through spinney
Left to roundabout
Right on A508 for 300m then Left at footpath Down
to Brampton Valley Way
At BVW Left to Windhover then cont. on BVW
towards Kingsthorpe

At Kissing Gate Left up footpath to Welford Rd
Right along Welford Road to The Olde Cobbler
Left on Acre Lane
Right on Birchbarn Way to Harborough Rd
Left to Whitehills pub, Right Lynton Ave, and back

6 Miles

As for 4.5 mile route

Cont. on BVW to railway bridge
drop down to field & follow river to Mill Lane
Left up Mill Lane
Left through alley Kingsthorpe village green
Right up High St. to Welford Rd.
Left on Welford Rd then across Kingsthorpe Rec
Left on Harborough Rd to Whitehills pub
Right Lynton Ave, and back