

## NRR Weds Route 7

6 miles

8 miles

8.8 miles

R. Obelisk Rise, R. Ash Rise, Lynton Ave, Whitehills, cross Pastures to Welford Rd.

Cross Welford Rd. and down FP  
@ cycle path cross into fields

R. Welford Rd. to Windhover, cross @ pelican  
L. on cycle path to kissing gate at footpath R. into fields

Over 3 river bridges and cross railway, cont. to farm track. R. thru farm cont. to back of Firs.

@ rear entrance to Firs L. along tree line. After 150m (at top of rise) L. on dirt path

Follow line of single trees across field then head for radio mast in corner keeping hedge to right

L. along field edge down to farm track. R. along farm track then L. under railway bridge.

Under and over railway and river then when on top drop down off BVW into horse field.

Diag. across paddock, cut thru to Julien Way. R. along river thru to Mill Lane

L. to North Western Ave cont. to Welford Rd. L. up Mill Lane Cont. under Mill Lane following river

Cross Welford Rd. R. Acre Lane @ Cock Hotel L. Harboro Rd behind Spencer football club

R. Birchbarn Way H'boro Rd R. Holly Lodge Dr. L. up Studland Rd. to Bells

L. Harboro Rd, L. Obelisk Rise L. Harboro Rd.

R. Lynton Ave and back and back R. Holly Lodge Dr.

L. Obelisk Rise and back