NRR Weds clock change R 1

5.8 miles
7.5 miles
9.7 miles

R. 1st L. 1st R. 1st L. The Pastures. - cross playing field to Community centre.

At Welford Rd. R. to Windhover pub.

Cross at pelican then L. on cycle path towards Kingsthorpe.

Cont. to kink in path. Cont. to railway bridge Cont. to Footpath sign R. thru kissing gate
Veer L. thru gate into field under and up to farm track over bridges and railway to farm track
Keep to left edge of field to gate L. to Mill Lane L. on farm track to Mill Lane
Join Vicarage lane to church L. up to Cock Hotel R. to roundabout then L. Gladstone Rd.
L. High Street L. to ASDA L. Spencer Bridge Rd.
L. Knights lane to Adelaide pub. R. Kingsland Ave to end L. St. Andrews Rd.
R. Manor Rd. L. Eastern Ave to top over T. Lights Balfour Rd to end
Cross Kingsthorpe rec. R. Boughton Green Rd. L. Trinity Ave/ K’ Grove
L. Harboro’ Rd.

R. Holly Lodge Drive R. Eastern Ave – R. Boughton Gr Rd
L. Obelisk Rise @ Moulton Park roundabout L. Holly Lodge Drive

And back R. Reynard Way - R. Obelisk Rise and back