

NRR Fri Route 3

4.7 miles

6.7 miles

L. Obelisk Rise, R. Holly Lodge

L. Yardley Drive, R. Boughton Green Rd

Same as 4.7

L. Down Eastern Ave

At mini-roundabout R. Kingsland Ave

Eastern Ave to end

At end R. then veer L. Welford Rd.

L. then R. up Trinity Ave to top

R. Barrack Rd back to Kingsthorpe

Veer L. Welford Rd.

Past Buddies and Windmill pub.

R. at 2nd Acre Lane turn.

L. at shops (Link Rd)

Thru to Whitehills

Lynton Ave and back